

February 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>ACTIVITIES ARE SUBJECT TO CHANGE. CHANGE WILL BE ON THE DAILY SCHEDULE</p>		<p>ASK ABOUT OUR FUNDRAISER!</p>			<p>1 9:30 Yoga 10:00 News & Views 10:30 Trivia 2:00 Finishing Lines 1:30 Bingo Blast w/CareMore</p>	<p>2 Groundhog Day 9:30 Dancing to the Oldies 10:30 Pet Visitation 11:00 Brain Fitness 2:00 Intergenerational Activity 3:00 1:1 Room Activity</p>
<p>3 9:30 Aromatherapy 10:30 Classic Sitcom 2:00 Hot Chocolate Social 3:30 Super Bowl Sunday</p>	<p>4 9:30 Sit and Be Fit 10:00 Current Events 10:30 Puzzles Galore 3:00 Bingo</p>	<p>5 Chinese New Year 9:30 Yoga 10:30 Bible Study w/Sergio 2:00 1:1 Room Activity 3:00 Chicken Soup for the Golden Soul</p>	<p>6 9:30 Morning Stretch 10:30 Pet Visitation 11:00 Remembering The 30's 2:00 Expressive Art 3:00 Scrabble</p>	<p>7 9:30 Sit and be Fit 10:30 Show & Tell 2:00 Computer Class 3:00 Movie Matinee</p>	<p>8 9:30 Yoga 10:00 News & Views 10:30 Trivia 2:00 Finishing Lines 3:00 Happy Hour</p>	<p>9 9:30 Dancing to the Oldies 10:30 Pet Visitation 11:00 Brain Fitness 1:00-4:00 Valentine Boutique 3:00 1:1 Room Activity</p>
<p>10 9:30 Aromatherapy 10:30 Classic Sitcom 2:00 Hot Chocolate Social 3:00 Oldies but Goodies</p>	<p>11 9:30 Sit and Be Fit 10:00 Current Events 10:30 Puzzles Galore 3:00 Bingo</p>	<p>12 10:00 Resident Council 10:30 Bible Study w/Sergio 2:00 1:1 Room Activity 3:00 Chicken Soup for the Golden Soul</p>	<p>13 9:30 Morning Stretch 10:30 Pet Visitation 11:00 Remembering The 40's 2:00 Creative Art 3:00 Scrabble</p>	<p>14 Valentine's Day 9:30 Sit and be Fit 10:30 Valentine Word Game 2:00 Traditional Tea Valentine Day Celebration w/ Crowning of King & Queen</p>	<p>15 9:30 Yoga 10:00 News & Views 10:30 Trivia 12:00 Enjoy A Candlelight Delectable Lunch by Leticia w/ Love Songs by Thea 3:00 Movie Matinee (Pretty Woman)</p>	<p>16 9:30 Dancing to the Oldies 10:30 Pet Visitation 11:00 Brain Fitness 2:00 Intergenerational Activity 3:00 1:1 Room Activity</p>
<p>17 9:30 Aromatherapy 10:30 Classic Sitcom 2:00 Hot Chocolate Social 3:00 Oldies but Goodies</p>	<p>18 President's Day 9:30 Sit and Be Fit 10:00 Current Events 10:30 Puzzles Galore 3:00 Bingo</p>	<p>19 9:30 Yoga 10:30 Bible Study w/Sergio 2:00 1:1 Room Activity 3:00 Chicken Soup for the Golden Soul</p>	<p>20 9:30 Morning Stretch 10:30 Brain Fitness 11:00 Remembering The 50's 2:00 Expressive Art 3:00 Scrabble</p>	<p>21 9:30 Sit and be Fit 10:30 Pet Visitation 11:00 Show & Tell 2:00 Computer Class 3:00 Movie Matinee</p>	<p>22 9:30 Yoga 10:00 News & Views 10:30 Trivia 2:00 Finishing Lines 3:00 Happy Hour</p>	<p>23 9:30 Dancing to the Oldies 10:30 Pet Visitation 11:00 Brain Fitness 2:00 Intergenerational Activity 3:00 1:1 Room Activity</p>
<p>24 9:30 Aromatherapy 10:30 Classic Sitcom 2:00 Hot Chocolate Social 5:00 The Oscars</p>	<p>25 9:30 Sit and Be Fit 10:00 Current Events 10:30 Puzzles Galore 3:00 Bingo</p>	<p>26 9:30 Yoga 10:30 Bible Study w/Sergio 2:00 1:1 Room Activity 3:00 Chicken Soup for the Golden Soul</p>	<p>27 9:30 Morning Stretch 10:30 Pet Visitation 11:00 Remembering The 60's 2:00 Creative Art 3:00 Scrabble</p>	<p>28 9:30 Sit and be Fit 10:30 Show & Tell 2:00 Computer Class 3:00 Movie Matinee</p>	<p>Happy Birthday!! Claire Chow -2/17</p>	<p>Breakfast 8:00a.m. Lunch 12:00p.m. Dinner 5:00p.m</p>