

# March 2019

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

ACTIVITIES ARE  
SUBJECT TO  
CHANGE.

CHANGES NOTED ON  
DAILY SCHEDULE.

**1** 9:30 Yoga  
10:00 News & Views  
10:30 Trivia  
2:00 Finishing Lines  
**3:00 Happy Hour w/Matt**

**2** 9:30 Dancing to the Oldies  
10:30 Pet Visitation  
11:00 Brain Fitness  
2:00 Intergenerational  
3:00 1:1 Room Activity

**3** 9:30 Aromatherapy  
10:30 Classic Sitcom  
2:00 Hot Chocolate  
Social

**4** 9:30 Sit and Be Fit  
10:00 Current Events  
10:30 Puzzles Galore  
2:00 Bingo

**5 Mardi Gras**  
9:30 Yoga  
10:30 Bible Study w/Sergio  
2:00 1:1 Room Activity  
3:00 Reading Hour

**6 Ash Wednesday**  
9:30 Morning Stretch  
10:30 Pet Visitation  
11:00 Memory Lane  
2:30 Scrabble

**7** 9:30 Sit and be Fit  
10:30 Finishing Lines  
2:00 Explore Your  
Genealogy  
3:00 Movie Matinee

**8** 9:30 Yoga  
10:00 News & Views  
10:30 Trivia  
2:00 Finishing Lines  
**3:00 Happy Hour**

**9** 9:30 Dancing to the Oldies  
10:30 Pet Visitation  
11:00 Brain Fitness  
2:00 Intergenerational  
3:00 1:1 Room Activity

**10 Daylight Saving  
Time Begins**  
9:30 Aromatherapy  
10:30 Classic Sitcom  
2:00 Hot Chocolate  
Social

**11** 9:30 Sit and Be Fit  
10:00 Current Events  
10:30 Puzzles Galore  
2:00 Bingo

**12 9:30 Resident Council**  
10:30 Bible Study w/Sergio  
2:00 1:1 Room Activity  
3:00 Book Review

**13** 9:30 Morning Stretch  
10:30 Pet Visitation  
11:00 Memory Lane  
2:00 Expressive Art  
3:00 Scrabble

**14** 9:30 Sit and be Fit  
10:30 Name That Tune  
2:00 Explore Your  
Genealogy  
3:00 Movie Matinee

**15** 9:30 Yoga  
10:30 Trivia  
**12:00 Enjoy a Savory  
Irish Cuisine by Leticia**  
**1:30 Journey to Ireland  
w/Bronwyn Schramm**

**16** 9:30 Dancing to the  
Oldies  
10:30 Pet Visitation  
11:00 Brain Fitness  
2:00 Intergenerational  
3:00 1:1 Room Activity

**17 St. Patrick's Day**  
9:30 Aromatherapy  
10:30 Classic Sitcom  
2:00 Hot Chocolate  
Social

**18** 9:30 Sit and Be Fit  
10:00 Current Events  
10:30 Puzzles Galore  
2:00 Bingo

**19** 9:30 Yoga  
10:30 Bible Study w/Sergio  
2:00 1:1 Room Activity  
3:00 Reading Hour

**20 Spring Begins**  
9:30 Morning Stretch  
10:30 Pet Visitation  
11:00 Memory Lane  
2:00 Expressive Art  
3:00 Scrabble

**21** 9:30 Sit and be Fit  
10:30 Word Game  
2:00 Explore Your  
Genealogy  
3:00 Movie Matinee

**22** 9:30 Yoga  
10:00 News & Views  
10:30 Trivia  
2:00 Finishing Lines  
**3:00 Happy Hour  
w/Danny**

**23** 9:30 Dancing to the  
Oldies  
10:30 Pet Visitation  
11:00 Brain Fitness  
2:00 Intergenerational  
3:00 1:1 Room Activity

**24** 9:30 Aromatherapy  
10:30 Classic Sitcom  
2:00 Hot Chocolate  
Social

**25** 9:30 Sit and Be Fit  
10:00 Current Events  
10:30 Puzzles Galore  
2:00 Bingo

**26** 9:30 Yoga  
10:30 Bible Study w/Sergio  
2:00 1:1 Room Activity  
3:00 Show & Tell

**27** 9:30 Morning Stretch  
10:30 Pet Visitation  
11:00 Memory Lane  
2:00 Expressive Art  
3:00 Scrabble

**28** 9:30 Sit and be Fit  
10:30 Faces & Places  
2:00 Explore Your  
Genealogy  
3:00 Movie Matinee

**29** 9:30 Yoga  
10:00 News & Views  
10:30 Trivia  
**1:30p.m. Bingo Blast  
w/ CareMore**  
**3:00p.m. Movie Matinee**

**30** 9:30 Dancing to the  
Oldies  
10:30 Pet Visitation  
11:00 Brain Fitness  
2:00 Intergenerational  
3:00 1:1 Room Activity

**31** 9:30 Aromatherapy  
10:30 Classic Sitcom  
2:00 Hot Chocolate  
Social

**Happy Birthday!!**

**Breakfast 8:00a.m.**  
**Lunch 12:00p.m.**  
**Dinner 5:00p.m**